

Hot Yoga Healthy You 31773 Temecula Parkway, Temecula, CA 92592
STUDENT APPLICATION AND HOLD HARMLESS AGREEMENT

First Name _____ Last Name _____

Mailing Address _____

City _____ State _____ Zip _____

Home/Cell Phone _____ Birthday (xx/xx/xxxx) _____

E-Mail _____

How did you hear about us? (Circle one) Instagram Facebook Tem/Murr Talk Direct Mail Walk/Drive by

Other _____ Who referred you? _____

Yoga Experience: (Circle one) Beginner (0-6mos) Intermediate (1-2yrs) Advanced (3yrs+)

Are you or have you ever been a Yoga Instructor? (Circle one) YES NO

If Yes, what are your certifications? _____

Explain (use other side of form if necessary) any recent or current medical condition or limitation you have & furnish a letter from your physician authorizing Yoga or stating any exercise limitations, if any.

If none, write N/A _____

In consideration of and as an inducement to my enrollment and payment of fees to become a student of Hot Yoga Healthy You (hereinafter "HYHY"), I represent and agree as follows:

- 1) I (hereinafter "I" or "applicant") have been examined by a licensed Physician within the past six months and have been found by such physician to be in good health and fully able to perform all Yoga exercises, which I am to learn and perform during my enrollment with HYHY. I understand all auto-renew contracts require 30 days notice to cancel or hold.
- 2) I will faithfully follow all instructions given to me by HYHY authorized instructors, as to when and how, to perform and not to perform Yoga exercises. I understand the practice of Yoga and group exercise activities may expose me to risk of personal injury, disease, or death and I knowingly and willingly assume such risk.
- 3) I understand and agree that I will receive instruction in Yoga theory and exercise only and that I hold harmless HYHY, its employees, officers, directors, shareholders, and contracted trainers for any damage to or theft of personal property on or away from HYHY premises, or personal injury, including but not limited to bodily injury, disease, disability, death, humiliation, or consequential loss of any kind arising out of my participation in any HYHY event or activity.
- 4) In the event that I am pregnant, I will not attend a yoga class until I have discussed the potential risks to me, or my unborn child/fetus, with my obstetrician. I agree that I will follow my obstetrician's recommendations and on behalf of myself, my heirs, spouse or other interested party hold harmless HYHY for any possible injury to myself or my unborn child/fetus.
- 5) If I am under 18 years age, I warrant that I have disclosed my age to HYHY and in addition to my signature, have provided the signature of my parent or legal custodian or guardian below.
- 6) I understand that I may be photographed/video recorded at HYHY and photos may be published for promotional purposes on all Social Media platforms, HYHY website and mobile app, with my permission and without compensation of any kind.
- 7) Registration, enrollment fees and Tuition for classes and trainings paid hereafter are not transferable and non refundable
- 8) Any provision not in conformity with the law of any state or governing body having jurisdiction is hereby severed from this contract and the remaining provisions remain enforceable. Applicant agrees that any dispute regarding this Agreement will first be tendered by the parties to a member of The American Arbitration Association for resolution prior to the filing of any lawsuit. Applicant also agrees, failing a successful arbitration effort, any suit to be tendered will be filed in and under the laws of the State of California.

Date _____ Signature _____ Print Name _____

Parent or legal guardian signature if applicant under 18 years of age _____